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# **Sweet Melissa: Ignorance Is Not Bliss (Book One 1)**



## Synopsis

HEROIN ADDICTION, THE LIFESTYLE, THE RECOVERY I would do anything to get my next fix...The author was a very stubborn, naïve, and gullible young woman with a very bad case of low self-esteem. At 18 years old, and from an upper middle class suburban family she was always known as the fat sister. She was the black sheep of the family, and the trouble maker. Believing herself to be stupid, fat, ugly, and incapable of being loved the author leaves the safety, security, and love of her family. She goes out on a journey of her own to try and find love, and acceptance elsewhere. Her deepest desire is to fit in somewhere. Anywhere. The author encounters a variety of potential suitors that she cannot resist. She finds that once their true intentions are exposed, that these exquisitely wrapped packages reveal the contents of deceitful, controlling, and abusive men. The author gets lost in a vicious cycle of addiction, and abuse. Is it too late? She has already opened, and walked through the door of her self-produced nightmare. Her senses are dulled, and she is emotionless. Has she lost her soul, or did she sell it? Her stubbornness is holding her hostage to the fact that she will always learn things the hard way. There are times when death seems like the only answer. After decades of losing time and time again, the author finally submits to the fact that she is out of control, and that her life is unmanageable. That is her reality. Is there any hope for change after almost thirty years of addiction, and crime? What could possibly happen to the author that would make her change her life in every single way? What is it that turned the author into the woman she was always meant to be? This is MY story. I broke out into a cold sweat, and tried to cry. The tears would not fall, because I knew in my heart, that I had no one to blame for my situation but myself. I came from a good, loving family. I was never beaten or abused. We went on family vacations every summer. My childhood years could not have been more perfect. What was wrong with me? I looked closely into the mirror, and saw the dark circles beneath my eyes. I was underweight, and my long blonde hair was thinning. I looked away from the mirror quickly, and sat on the cold, tile floor of this cheap motel bathroom. My hand shook a bit as I held the spoon full of heroin. I cooked it up with a blue lighter. I dropped in a small piece of cotton, and drew up the liquid with a syringe. I injected the heroin, and fell slowly back against the wall. The tile was no longer cold, and life did not seem so hopeless anymore. Sweet Melissa is a six book memoir series. It is the author's story about her life-long struggle with addiction to drugs, her downward spiral towards self destruction, and finally her recovery. Follow the author down the dark path of substance abuse and the lifestyle that goes with it. In Book One, the author gets involved with prostitution and drugs. She encounters a variety of people, and finds herself addicted to heroin. With that addiction she falls deeper and deeper into a hole of which she believes will never end. Her

self-esteem diminishes, and her life seems worthless. This is a life-long struggle with substance abuse. Heroin and substance abuse cloud the mind from thinking properly. It deadens the senses, and strips the soul. It puts you in places you could never imagine in your wildest dreams. This is a memoir straight from the heart of the finally recovered.

## **Book Information**

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## **Customer Reviews**

I received this book in the mail today. It is a page turner, I finished it and can not wait to read what is in store for Sweet Melissa next. Sweet Melissa: Ignorance is not Bliss (Book One) (Volume 1)

Could not put the book down! I love the characters and I absolutely can not wait for book 2 to come out! Very interesting and an easy read. Great book to bring to the beach!

Firstly, this book would benefit tremendously from a professional editor. Overlooking the continual grammatical errors, it's a disturbing story of a young woman who seemingly never learned to love or value herself and lacks self esteem. It's very difficult to understand how she made the initial

transition to prostitution with so little resistance, but one can see clearly how this dark path becomes darker and more tragic with physical abuse, substance abuse, and what appears to be the author's disconnect from her emotions, choices, and behavior. I wondered over and over why Melissa would choose this lifestyle over just going home and living with her parents. This book leaves the reader with more questions than answers, and left me with an energy that I felt I needed to wash off in the shower, much like the writer does after her prostitution sessions. For that reason, I will not be buying any more books in the series, but I applaud Segovia-Munoz for fighting her way out of an ugly, dark, and dangerous place in her life. I also applaud her sobriety.

I just got this book and Susan's 2ed book in the mail yesterday, and i already read her 1st in one day! I could not put it down!! It brought me back to my days in active addiction. Even though our stories are different in some ways, but one thing is the same & that's how heroin, crack and cocaine controlled our life. I am about to read the 2ed book in her series and i can not wait to get started

As one might predict, as Melissa becomes involved in prostitution, she also starts taking drugs and her life starts falling apart. The things she has to do is nothing she could have imagined, but it becomes commonplace. All she can think of is her next fix. A sad tale inside the life of a junky prostitute. Yet there is a person of value. If only she can get her thinking straight.

I was disappointed in this book. Although it's interesting, the writing is very elementary and there were grammatical errors (commas everywhere!). This distracted me. I also don't like that the author cuts off the book and you have to buy the next one to see what happens. It's not that long to begin with. She also doesn't elaborate much, if at all on how she feels when the consequences of her actions happen. She learns nothing. She writes as if she is doing a book report. If being roommates with someone doesn't work out, why do you repeat the action with multiple others doing the same thing when you know they "aren't good choices"? Annoying. I will not be purchasing the next book.

So young still need to grow up in the right way. But she went through so much and did a lot a lot different drugs. Being with men for money. I feel she should have stayed with her parents. If she told them about her life style I think they would help. But no she was trying to do what she can each day. But now I think she sees most of what drug can do to you a bad life style. We see in book 2 how she is doing.

I finished this amazing book in 2 sittings. Wow ! I can't wait to read the rest of her story. Off to book 2 !

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